

### Plant & Flower Appeal for Parish Grounds

We were most grateful last year for your generous response to our flower appeal for the parish grounds. With summer now here we are again eager to bring some more colour back to the parish grounds outside the church, presbytery and hall. If you are able to donate any colourful plant or flowers they would be most gratefully received. Please leave with Father Vijay. Thank you.

### Stella Maris (Apostleship of the Sea) – Thank You Webinar

Catholic maritime charity Stella Maris (formerly called Apostleship of the Sea) is very grateful for this parish's prayer and financial support of its work on Sea Sunday last year. To report back on the use of those funds, it invites parishioners to join an **online update and thank you webinar on Tuesday 28th May from 7:30pm to 9:00pm**. You will hear about the impact of your generosity on the lives of seafarers, fishers, and their families over the last year. Its CEO and chaplains will share inspiring stories of how they have helped seafarers and fishers through your support. To register for this virtual event, please visit [www.stellamaris.org.uk/thankyou2024](http://www.stellamaris.org.uk/thankyou2024)

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### Food Donations Appeal – Hope Central Handforth

Sadly, the need continues. Food Donations we are grateful for: Tinned foods (meat, pies, soups, beans, tomatoes, fruit, veg, etc), microwavable rice, cereals, tea, coffee, sugar, biscuits and also nappies). Please leave any donations in the box at the back of church. Alternatively, you may like to offer a financial contribution to the parish, who will then use your donation to buy food in bulk for the Food Bank. (Any cheques may be made payable to "Sacred Heart & St. Teresa's Church").

### St. Teresa's Living Flame Prayer Group: Every Wednesday

We meet in the parish hall between 11.15 am and 12.15 pm for prayer, scripture, intentions, rosary and music. All are most welcome to join us. For further information please contact: Marcelle Perch Tel: 07776343499; Mary Robinson Tel: 07505127451

### Praying for the unborn and women facing crisis pregnancies (The Most Holy Trinity)

*"As we approach the Feast of the Visitation on Friday, let us pray for couples trying to conceive that, like Elizabeth, they may be blessed with the gift of children. We pray too, that like St John the Baptist leaping in his mother's womb, we may recognise Christ in our neighbour, especially the unborn. Lord hear us".*

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Sacred Heart & St. Teresa's Church, Green Lane, Wilmslow, Cheshire, SK9 1LD



**SACRED HEART & ST TERESA'S CHURCH,**  
**WILMSLOW**



Reg. Charity No. 234025

**PARISH NEWSLETTER**

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### 26<sup>th</sup> May, 2024 – The Most Holy Trinity

#### Mass Times & Intentions

Saturday 25 <sup>th</sup> – Vigil Mass	6.30 pm	The Parishioners
Sunday 26 <sup>th</sup> – The Most Holy Trinity	9.00 am	Celebrant's Intention
	10.30 am	William & Kathleen Kingston Anniversary
Monday 27 <sup>th</sup> – St. Augustine of Canterbury	10.00 am	Celebrant's Intention
Tuesday 28 <sup>th</sup>	10.00 am	Celebrant's Intention
Wednesday 29 <sup>th</sup> – St. Paul VI, Pope	10.00 am	Celebrant's Intention
Thursday 30 <sup>th</sup>	10.00 am	Celebrant's Intention
Friday 31 <sup>st</sup> – Visitation of the Blessed Virgin Mary	10.00 am	Celebrant's Intention
Saturday 1 <sup>st</sup> – St. Justin, Martyr	10.00 am	Celebrant's Intention
Saturday 1 <sup>st</sup> – Vigil Mass	6.30 pm	The Parishioners
Sunday 2 <sup>nd</sup> – The Most Holy Body & Blood of Christ	9.00 am	Celebrant's Intention
	10.30 am	Celebrant's Intention

#### Please Note

- Exposition of the Blessed Sacrament & Confessions follow Saturday 10 am Mass.
- Confession also available after any Mass on request From Fr. Vijay.

### **Pope at Audience: Humility essential for Christian life (From Vatican News)**

Pope Francis explained how humility is key to Christian life and helps bring peace to the world and harmony in the Church. Humility marked the theme of his Wednesday General Audience held in Saint Peter's Square and the conclusion of his cycle of catecheses on the virtues. The Pope illustrated how humility is at the foundation of Christian life as we "acknowledge that we are creatures of God and strive to live accordingly."

#### **Restoring all through humility**

Humility is the "great antagonist of the most mortal of sins, namely arrogance," the Pope began, and whereas pride and arrogance make us think we are greater than we are, "humility restores everything to its correct dimension: we are wonderful creatures, but we are limited, with qualities and flaws." The Pope recalled how the Bible reminds us "we are dust, and to dust we shall return" (cf. Gen 3:19), and we must be on guard against the danger the "delirium of omnipotence" that can often arise in the human heart.

#### **Breaking free of arrogance**

Contemplating a starry sky, the mystery and grandeur creation can help free ourselves of arrogance, the Pope went on to say, as we can only be overcome with awe and wonder at the beauty of God's creation, as the Psalmist says, "When I look at thy heavens, the work of thy fingers, the moon and the stars which thou hast established; what is man that thou art mindful of him, and the son of man that thou dost care for him?" (Psalm 8:3-4). The Pope recalled how in the Beatitudes, Jesus starts with the humble, "Blessed are the poor in spirit, for theirs is the kingdom of Heaven" (Mt 5:3), followed by the meek, merciful, pure of heart, all stemming from an "inner sense of smallness."

#### **Following the example of Jesus and Mary**

The life of the Blessed Virgin Mary shines with her humility seen not only in her joyful acceptance of the Lord's will, but also in charity toward her cousin Elizabeth, the Pope explained. We see her humility in her perseverance beneath the cross and her prayerful presence among the Apostles in the Upper Room, as they awaited the outpouring of the Holy Spirit, he added. *"May Mary's example and powerful intercession help us to overcome our temptations to pride, to follow humbly in the footsteps of Jesus, and to bear witness to the joy and peace of his Kingdom."*

In conclusion, the Pope emphasized that humility brings peace in the world and in the Church, and where humility is lacking, there is war, discord and division. He said God has given us the example of humility in Jesus and Mary for our salvation and happiness, "and humility is precisely the way, the path to salvation."

### **SVP and CAFOD working together in the run up to the General Election**

As Catholics, we know that tackling poverty and injustice are among the most important issues politicians should act on. St Vincent de Paul Society and CAFOD have produced a guide for Catholics for the General Election, with suggested questions to ask candidates. Please see [cafod.org.uk/encounter](http://cafod.org.uk/encounter) or [svp.org.uk/encounter](http://svp.org.uk/encounter) for more information.

#### **Retreat Day on Prayer at Christ Church Heald Green**

Please book by emailing: [jane.deegan@dioceseofshrewsbury.org](mailto:jane.deegan@dioceseofshrewsbury.org)

The year 2025 is the next Jubilee Year in the Church. Pope Francis has asked the Church to prepare well. In order to help us do so Pope Francis has called for 2024 to be a "A Year of Prayer." In response, the Shrewsbury Diocese Team for Evangelisation and Mission will be running a Retreat Day on Prayer. All are welcome. Please bring a packed lunch. Date: Saturday 1st June 2024 Time: 10 am - 3 pm. Place: Christ Church Heald Green Parish Hall.

#### **A Lively Musical Evening with The Mercy Brothers**

On Friday 21st June, join us for a lively musical evening with The Mercy Brothers; a clergy-based band from Salford and Shrewsbury Diocese. Doors open at 7pm for a 7:30pm start. The event will finish at 10pm. Venue: Our Lady's Social Club, Flint St, Stockport SK3 8GE.

• Bar available • Tombola @ 50p per dip • Musical quiz with prizes

Tickets: £15. Available to purchase online now, and also at the door on the night.

To get a sneak preview of the band, please watch the following YouTube video:

<https://www.youtube.com/watch?v=exPzI09GAME&t=7s> The funds raised will go towards SVP youth work in Salford and Shrewsbury Dioceses.

#### **Visit of Pilgrim Virgin Statue and Fatima Relics**

Saturday 15th June, from 10 am - 4 pm, the World Apostolate of Fatima will visit the parish of Our Lady & St Christopher, Romiley, with the relics of Saints Jacinta and Francisco and the Centenary Pilgrim Statute of the Immaculate Heart of Mary. The statue was blessed at the Chapel of the Apparitions in Fatima. Pope St John Paul II invited us to receive the light of Fatima. The Fatima message of reparation, repentance and peace is still relevant to us today. The day includes Mass, Confession, film on the story of Fatima and Investiture and Enrolment of the Brown Scapular for those who wish to receive it. Please bring a packed lunch – hot and cold drinks provided. For full details see

[www.ourladyandstchristophersromiley.org.uk/visit-of-fatima-relics](http://www.ourladyandstchristophersromiley.org.uk/visit-of-fatima-relics)